

Forage

Like any living creature, pollinators need food. Depending on the species, plants provide food as either pollen or nectar from flowers, or the actual plant, like leaves.

Whether a few potted plants on a porch, a small garden, or many acres on a hillside, the pollinators will thank you. And in turn we will have more productive crops, healthier plants, and more birds and other wildlife to admire.

Trees are a very important source of pollen and nectar in the spring - think maples, madrone, and witch hazel.

Shrubs like manzanita, Oregon grape, ceanothus, serviceberry, mock orange.



Perennials – dandelions and other **early spring flowers** like lupine help nourish our pollinators early in the year. **Summer blooms** include pussy paws, balsam root, parsnip, gilia, among many others. **Late season** flowers like asters, goldenrod, salvia, and penstemon provide critical nutrition for overwintering.

