

Twenty Top Host Plants for Pollinators, Butterflies and Birds

Flowers and Grasses, Woody Shrubs, and Trees

Compiled by Lynn Kunstman, for the Rogue Valley, from NATIVE PLANT FINDER

<https://www.nwf.org/NativePlantFinder/Plants>

Flowers and Grasses - CHOOSE NATIVES

Rank #	Common Name	Genus	# species hosted
1	Strawberry	Fragaria	69
2	Lupine	Lupinus	55
3	Goldenrod	Solidago	49
4	Deer vetch	Lotus	46
5	Sagebrush	Artemisia	41
6	Sunflower	Helianthus	40
7	Senecio	Ragwort	29
8	Violets	Viola	27
9	Milk vetch	Astragalus	26
10	Vetch	Vicia	25
11	California Fuschia	Epilobium	25
12	Indian Paintbrush	Castilleja	24
13	Rabbitbrush	Chrysothamus	24
14	Geranium	Geranium	21
15	Goldenbush	Ericameria	19
16	Beardtongue	Penstemon	18
17	Cinquefoil	Potentilla	18
18	Blue Flax	Linum	18
19	Yarrow	Achillea	18
20	Evening Primrose	Oenothera	17

Specialist host plant for the Monarch Butterfly

	Milkweed	Asclepias	1
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Flowers and Grasses - CHOOSE NATIVES

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Flowers and Grasses, Woody Shrubs, and Trees

Woody Shrubs - CHOOSE NATIVES

Rank #	Common Name	Genus	# species hosted
1	Cranberry	Vaccinium	130
2	Blackberry	Rubus	96
3	Wild Rose	Rosa	94
4	California Lilac	Ceanothus	93
5	Serviceberry	Amelanchier	81
6	Hawthorn	Crataegus	80
7	Hazelnut	Corylus	71
8	Dogwood	Cornus	58
9	Grape	Vitus	55
10	Meadowsweet	Spirea	54
11	Bearberry	Arctostaphylos	51
12	Oceaspray	Holodiscus	39
13	Bitterbrush	Purshia	33
14	Elderberry	Sambucus	32
15	Rhododendron	Rhododendron	32
16	Snowberry	Symphycarpus	32
17	Arrowwood	Viburnum	31
18	Honeysuckle	Lonicera	29
19	Mountain Mahogany	Cercocarpus	24
20	Coffeeberry	Frangula (Rhamnus)	21
21	Sumac	Rhus	21
22	Mountain Laurel	Kalmia	14
23	Ninebark	Physocarpus	13

Woody Shrubs - CHOOSE NATIVES

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Trees - CHOOSE NATIVES			
Rank #	Common Name	Genus	# species hosted
1	Willow	Salix	312
2	Cherry	Prunus	240
3	Aspen, Poplar	Populus	227
4	Alder	Alnus	210
5	Oak	Quercus	200
6	Pine	Pinus	190
7	Birch	Betula	198
8	Douglas Fir	Psuedotsuga	129
9	Fir	Abies	126
10	Spruce	Picea	126
11	Maple	Acer	123
12	Hemlock	Tsuga	118
13	Hawthorn	Crateagus	80
14	Hazelnut	Corylus	71
15	Dogwood	Conus	58
16	Ash	Fraxinus	53
17	Madrone	Arbutus	43
18	Mountain Ash	Sorbus	42
19	Red Cedar	Juniperus	41
20	Locust	Robinia	22
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