Forage

Like any living creature, pollinators need food. Depending on the species, plants provide food as either pollen or nectar from flowers, or the actual plant, like leaves.

Whether a few potted plants on a porch, a small garden, or many acres on a hillside, the pollinators will thank you. And in turn we will have more productive crops, healthier plants, and more birds and other wildlife to admire.

**Trees** are a very important source of pollen and nectar in the spring - think maples, madrone, and witch hazel.

**Shrubs** like manzanita, Oregon grape, ceanothus, serviceberry, mock orange.

**Perennials** – dandelions and other *early spring flowers* like lupine help nourish our pollinators early in the year. *Summer blooms* include pussy paws, balsam root, parsnip, gilia, among many others. *Late season* flowers like asters, goldenrod, salvia, and penstemon provide critical nutrition for overwintering.